

Dora started her PhD in 2019 at Glasgow Caledonian University in the UK. Dora's research interest stems from behaviour change, health promotion and effective service provision. With her research, she aims to explore and systematically evaluate current physical activity promotion behaviour after stroke in hospital settings and develop an intervention model to enhance physical activity in this setting.

Before starting her PhD, Dora graduated with an MA Psychology degree from the University of Glasgow in 2016 and completed an MSc Sport and Exercise Psychology degree at Loughborough University in 2017.

Dora is also working as a Trainee Sport and Exercise Psychologist aiming to gain Chartered Membership with the British Psychological Society.